



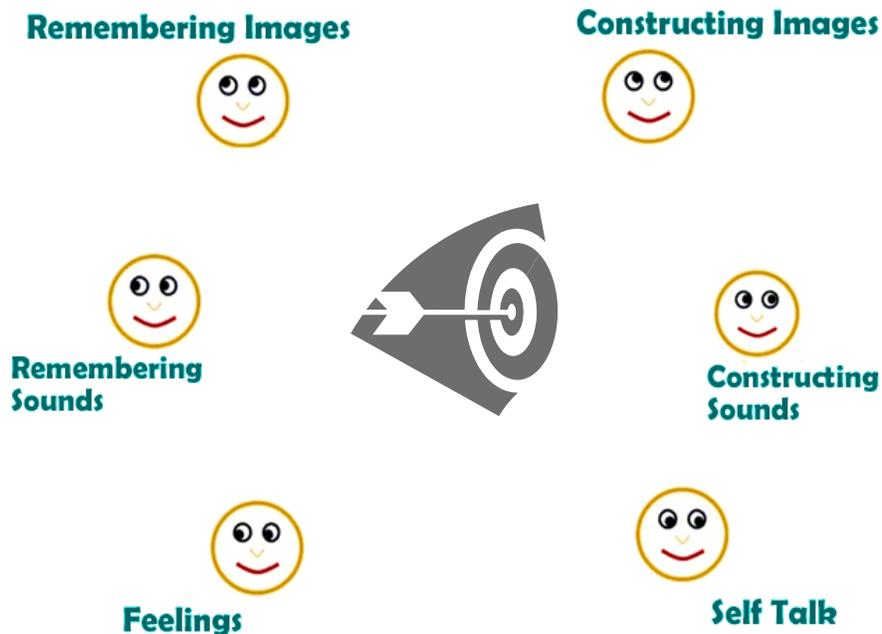
Reading Eye Patterns

*Is it possible to read someone's thoughts by gazing into their eyes?
What body language cues can we gather just from observing the eye movement?*

The truth is - the gaze of a person's eyes can NOT tell you if they are lying.

What it can do is - generally tells you what part of the brain they are using. Or more accurately: What processes their minds are doing.

We break this up into **6 directions** as per the diagram. Please take a look at these little faces and pay attention to their eyes.



*“Develop a passion for learning. If you do,
you will never cease to grow.” - Anthony J. D'Angelo*



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So before starting to 'read' someone, what you should do is a quick casual check by asking them a couple of questions and **put all your focus on watching their eyes.**

What Kind of Questions?

Here is a sample of questions you could ask as an experiment:

- When's the last time you went to see a movie?
- Can you remember the type of background music during the whole movie?
- Could you imagine if a DJ or a band was to play that now?
- How did you feel when you were watching that movie? Can you remember how your emotions change as the story (of the movie) developed? Did you feel excited? Sad? Scared?
- What kind of colors appeared in the movie?

The above questions should be able to direct them to remember and create new eye patterns. It will quickly show all you need to know.



A Little Extra

How to predict if someone is lying to you?

Imagine this scenario:

A boy asks his mother if he could go outside. The mother asks the boy if he got the permission from his father. The boy could be responding with these 3 possible eye patterns:

- I. The boy's eyes should go to the left (Remembering Images) to remember the image or sounds when he was asking the father, then he'd say the true answer the father gave from his memory.
- II. But, if his eyes stay dead straight or go left (Constructing Images), one might assume that the boy is trying to make up an image or sounds of asking the father, but the truth is: He might not have asked at all.
- III. If the boy's eyes go first into remembering and then constructing, one might assume that he accessed the memory of asking his father, didn't like the answer his father gave, and then created his own.

According to the Eye Pattern chart, we could easily predict that in the case II and III, the boy is lying.

One more great point to remember:

If you forgot the chart, just try to ask yourself some of those sample questions and you may feel your eyes moving to the relevant direction. Sometimes it's really quick and obvious, sometimes it's not. Sometimes eyes dart around trying to find the answers.

